

# Pre K – 2<sup>nd</sup> Grade Program

Fall 2025



### Agenda

- Welcome & Introductions
- Overview of WUSC
- Certifications and Safety
- Intown Program
- Referees
- Q&A



#### **WUSC Coaching Team**





Chris Howard - WUSC General Manager Email address - <u>wuscdoc@wellesleysoccer.org</u>

Dale Carr - Travel Director (BAYS)
Email address - programs@wellesleysoccer.org





Lewis Wright - WPC Director Email address - <u>club@wellesleysoccer.org</u>

Joe Morais – Intown and Futsal Director Email address- <u>intown@wellesleysoccer.org</u>





#### **New Coaches**

- Lloyd Edwards WDP Director
- Joe Sturzo Goalkeeping Coach
- Fabricio Kuehnen PDO
- Connor Deng PDO

# WELLESLEY

#### Overview of WUSC

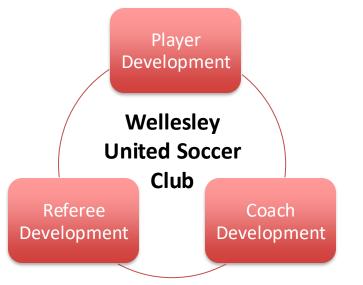
- 1600+ players this season
  - 2000+ participants in all programs
- Main Pathway
  - Intown (Pre K 3<sup>rd</sup> Grade)
  - Travel (4<sup>th</sup> 8<sup>th</sup> Grade)
- Additional Programs
  - Wellesley Premier Club (club) 20 Teams (2017 2011)
  - Wellesley Development Program
  - Wellesley Futsal Club and Academy
  - Winter and Vacation Clinics
- Other
  - Intown Referee Program
  - Memorial Day Tournament



#### Mission

WUSC is focused on maintaining an organization that will be able to provide an **exceptional experience** for the children that participate in the programs we offer. We are committed to **helping** the children of Wellesley develop their soccer skills, understand the importance of teamwork, and learn what it means to display good sportsmanship when competing.

#### 3 initiatives to accomplish our goals





### **MYSA** Requirements

#### • All Coaches should have completed:

- ❖ Mass Youth Soccer Registration with photo upload if needed. This is required every year so if you did it last year, you need to register again for Fall 2024 − Spring 2025
- ❖ SafeSport Abuse Training and Concussion Training

  These must be complete before coaching. Sue will notify coaches that have any outstanding requirements.
- ID Check for first time coaches

For info and link to register: <a href="https://wellesleysoccer.demosphere-secure.com/coaches-corner/cori-forms">https://wellesleysoccer.demosphere-secure.com/coaches-corner/cori-forms</a>



### **WUSC Concussion Policy**

- Take the course at the CDC website
- Sit the player if you suspect a concussion
- Notify the parents
- Notify the age group coordinator in writing
- Players are not allowed to return without medical clearance
- Referees have discretion to require an injured player to leave the match and/or stay out for the duration



### Goal & Net Safety (2<sup>nd</sup> Grade)

- Always inspect goals before each match and/or practice.
- Always ensure goals are secured with sandbags on back bar or sidebars. If they
  are not, let a WUSC staff member know
  - 7v7 grass field need 1 on back bar
- Never allow anyone to climb or play on the goal or net
- Never allow anyone to hang on the goal crossbar (e.g., chin-ups)
- Instruct players on safe handling and potential dangers associated with movable goals.
  - Coaches can move goals; If you need help, ask a WUSC staff member
  - When moving, wheels should be rotated to allow easy moving. When in place replace wheels so frame contacts the ground.
  - Push whenever possible, do not pull goals
  - Do not move with sandbags on back bar however replace sandbags when moved



#### TeamSnap App

We will be using the TeamSnap app this season to organize all team's practices and games. It's a great way to keep updates on who is going to be available for games each week and to send updates on anything game/practice related.

Coaches are responsible for inputting the game schedule into TeamSnap. Assigning a team manager (another parent) can help in data input / communication to the team.

Sue DeNatale/WUSC will initially set up teams on TeamSnap with coach as manager



#### Intown Program

- 900~ kids signed up this Fall (Pre K 3rd)
- Games to begin on Saturday September 13<sup>th</sup> and ends October 26th
  - K and 2<sup>nd</sup> Grade: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25; Make Up on 11/1
  - **Pre-K and 1<sup>st</sup> Grade:** 9/14, 9/21, 9/28, 10/5, 10/19, 10/26; Make Up on 11/2
  - No sessions over Columbus Day Weekend
- All sessions will be played at Sprague throughout the day
- 1 session; 1<sup>st</sup> Half practice 2<sup>nd</sup> Half game
- Goals for the season
  - Introduce newer players to soccer
  - As many touches on the the soccer ball as possible
  - Have fun!
  - Retention



### Pre K - 3v3

	Girls	Boys	
Age Group Coordinator	Kate Patterson	Lara Bruno	
Field	Sprague Field 1	Sprague Field 4	
Time	Sunday 8:30 -9:15 AM	Sunday 8:30-9:15 AM	



# Kindergarten – 3v3

	Girls	Boys	
Age Group Coordinator	Karen Davie	Trevor Smith	
Field	Sprague Field 1	Sprague Field 4	
Time	Saturday 8:30 - 9:15 AM	Saturday 8:30 - 9:15 AM	



#### 1<sup>st</sup> Grade – 4v4

	Girls	Boys	
Age Group Coordinator	Lara Bruno	Jen Brophy	
Field	Sprague Field 4	Sprague Field 4	
Time	Sunday 1:30 - 2:30 PM	Sunday 3:00 - 4:00 PM	



# 2<sup>nd</sup> Grade – 6v6

	Girls	Boys	
Age Group Coordinator	Carrie Erhard	Amanda Rich	
Field	Sprague 4	Sprague 4 Saturday 2:00 - 3:00 PM	
Time	Saturday 12:00 – 1:00 PM		



# Sprague Fields





#### **Cheat Sheet Rules**

	Fall and Spring			
	Pre-K	Kindergarten	1st grade	2nd Grade
Format	3v3	3v3	4v4	6v6
Game Time	2 x 15 min	2 x 15 min	2 x 15 min	2 x 15 min
Heading	NO	NO	NO	NO
Ball Size	#3	#3	#3	#3
Offsides	No	No	No	No
Goalkeeper	No	No	No	Yes
Penalty Mark	N/A	N/A	N/A	8 yds
Referee	N/A	N/A	N/A	Yes

Additional rules are on the website



### In-Town Game Day

- Curriculum will be sent out prior to the weekend, can also be found on WUSC website
- Setting up the fields Arrive 15 mins prior to session
- Coaches Meeting 10 mins prior to session start time
  - Optional
- Training/practice for first part of session
  - 15 minutes for Pre K/Kindergarten
  - 25 minutes for 1<sup>st</sup> 2<sup>nd</sup> grade
- Game play 30 minutes for all grades
- Separate sideline for coaches/players and parents (2<sup>nd</sup> Grade)
- Equipment available to use



#### Reminders

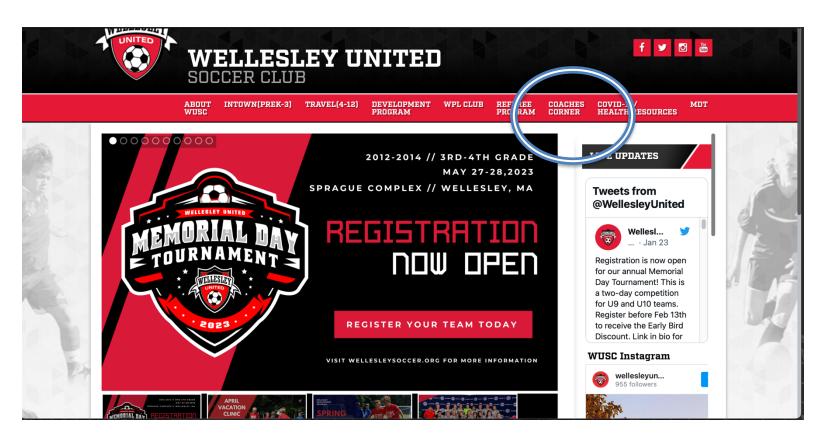
- Please get there ~ 15 minutes before the session starts
- Use the curriculum
- Ask a PDO or AGC if you have questions
- Encourage teams to keep the fields clean
- Equal playing time for all players
- No Goalkeepers for Pre K 1<sup>st</sup> grade
- Have a ball in hand; Keep the game flowing (PreK-1<sup>st</sup> Grade)
- Return goals/equipment to storage after
  - Other sports/programs using field after us



#### Curriculum

Located on the Wellesley United website under "Coaches Corner".

Access Code: WUSC2021 (case sensitive)





#### Curriculum

We recommend that all practice sessions follow the **S.C.O.R.E.** method:

**SIMPLE**. Stick to one theme during your practice session. Choose 2 or 3 core coaching points and reinforce them throughout the session.

CHALLENGING. Ensure that the players are posed problems that they need to find solutions to. Provide guidance and help when they need it.

ORGANISED. Plan every detail of your session - how many players, space and equipment. Ensure that your sessions have the appropriate pace and progression to challenge all of your players.

**RELEVANT.** Ensure that the exercises in your session are relevant to the game. **ENJOYABLE.** The players should walk away from every practice having thoroughly enjoyed the session and learning at least one new aspect of the game. Ask questions of your players throughout.

WUSC Curriculums, available online, are coach login and password protected

Password - WUSC2021



#### Curriculum Continued

Curriculum is available on our website – wellesleysoccer.org under coach's corner. We have archived sessions from previous years as well as this season's curriculum.

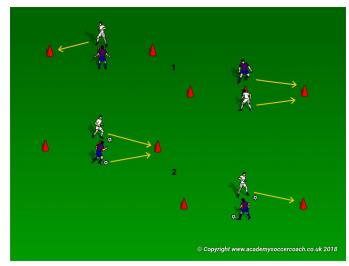


Diagram 1. Cones set up as shown, players get into two's go to an area with the three cones. Players go 1v1 trying to beat there opponent to the cone and back to the middle using dummies and feints to gain and advantage. Rotate who is the attacker and the defender ever /23 goes.

Diagram 2. Introduce a ball to each player so they can start to use skill moves to create the advantage. Encourage different skill moves and ask players to demonstrate their skills to the group.



Players set up as diagram shows, defenders where the gates are, attackers start at the end with the goals. Defender plays into attacker and defends as normal. Attacker will attempt to beat the defender and dribble through either of the two gates at the end of the field. Points are rewarded for every successful dribble through the gates by the stracking team. Rotate once each player has had 2/3 attempts. Shown with players 1.

Coaching points, statck the space, use skill moves to beat the defender, dribble at pace once the defender is beaten.

Coaching points, attack the space, use skill moves to beat the defender, dribble at pace once the defender is beaten. Progression. For defending players, if they win the ball can they get the ball into either goal. Talk about when they have on the ball can they the ball incort they also that they then play out. The attacker then has to win the ball back and attempt to beat the defender through skill. As shown with players 2.



### Game Day Cancellation

- Rules for game-day cancellation (weather/other):
  - WUSC will make decision:
    - Morning games by 7:00 AM
    - Afternoon games by 11:00 AM
  - Please check WUSC website (<u>www.wellesleysoccer.org</u>- twitter feed)
  - Emails will be sent out from WUSC to players and coaches
  - We will cancel for lightning/thunder
  - If the Town closes the fields we will cancel
  - Make-up dates are scheduled for Nov 1st/2nd



# Referee Feedback (2<sup>nd</sup> Grade)

We asked our Referees this year for feedback on how we can improve our program and here are some of the questions and feedback given

#### Why do you referee?

I referee because I love soccer and I wanted to see a new perspective on the game exercise, help the community in Wellesley

Interested in the game and seeing how I can help the younger players.

#### **How can WUSC make the experience better?**

Maybe notify all the coaches the rules you gave us, because sometimes, coaches will stand on the field, and it's hard to tell them to move when you are paying attention to the game

No comments from coaches or parents toward referees.

Reminders to the parent coaches from WUSC to be respectful of the student refs.

Educate coaches about their responsibilities (e.g, preparing field for play) and encourage them to "model" better behavior for their players and respect for referees.



### Coach Expectation

- Qualities WUSC looks for in a coach:
  - Positive: We see coaches as a role model for the kids on their team. Help kids learn to develop and maintain a positive attitude even under adverse circumstances.
  - Encouraging and supportive: Encourage their players to try new skills and positions throughout their development. Support the players as they work on developing the required skills to achieve success
  - Communicative: Communicate and interact positively and effectively with players and parents throughout the season
  - Differentiation: Work with the individual skill sets of each player on the team so that the players develop individually, to develop the team collectively. We expect coaches to monitor player progress based on each player's own trajectory and not against other players on the team.



#### Before the season starts

- Finish any certification or registrations
  - ID check for first time coaches
- WUSC will enter teams and schedule into TeamSnap
- WUSC distributes jerseys to AGC
  - Coach pickups from AGC



#### THANK YOU FOR COACHING!

Questions?